



## MAINE LOCAL ROADS CENTER VIDEO / DVD LIBRARY

VIDEO / DVD - These are available at no charge for in-house training from the Maine Local Roads Center. We will loan up to three titles per request for a TWO-WEEK PERIOD. Circle the "code" to the desired titles and send or FAX this form (207-624-3301) or call the Center at 1-800-498-9133 or 207-624-3270.

(In selecting a title, Circle the "Code", i.e. MO-1, MO-2....)

### MAINTENANCE/OPERATIONS

- MO-1 Common Maintenance Problems
- MO-2 Drainage Pipe Placement
- MO-5 Potholes: Causes, Cures, & Prevention
- MO-29 Wooden Fence and Guardrail Repair
- MO-43 Sign Maintenance & Installation
- MO-40 Flowable Fill
- MO-42 Bridge Maintenance for Local Road Crews
- MO-16 Erosion Control for Water Quality Protection
- MO-32 Keeping Soil on Construction Sites
- MO-19 Maintain Drainage (Culvert cleaning)
- MO-13 Frost Action in Soil
- MO-3 Loader Operations
- MO-33 Preventive Maint. of Dump Trucks
- MO-7 The Choice is Yours / Signals: Read'em or Weep
- MO-4 Motorgraders
- MO-24 Ditch / Shoulder Maintenance
- MO-6 Upgrading Gravel Roads
- MO-20 Maintaining Gravel Roads ... Road Sense with Calcium Chloride
- MO-21 Gravel Road Maintenance: Meeting the Challenge (DVD)**
- MO-45 Problems with Gravel Roads
- MO-37 Road Repair: Do the Right Thing at the Right Time
- MO-11 Road Reclamation/"Bomag"ing a Road
- MO-12 Road Reclamation
- MO-14 Bituminous Concrete Paving
- MO-15 Bituminous Seal Coat
- MO-17 Save That Road - Chip Sealing
- MO-28 Crack Sealing Flexible Asphalt Pavement
- MO-35 Finding Better Ways: New Research in Cost Effective Pavement Repairs
- MO-38 Asphalt Crack Treatment
- MO-39 Sealcoating: Science & Skill
- MO-44 Asphalt Paving Inspection
- MO-47 Asphalt Emulsions and their Uses
- MO-46 Utility Cut Repair: Doing it Right
- MO-9 Snowplow Safety
- MO-27 Safety Restoration During Snow Removal
- MO-31 Effective Snow Fences
- MO-36A Salt & Sand Spreading
- MO-36B Snowplows (Basics)
- MO-36C Winter Sidewalk Maintenance
- MO-41 The Snowfighters
- MO-48 The Changing Strategies & Technologies of Snowfighting

### PLANNING/ADMINISTRATION

- PA-1 Budgeting for Rehabilitation
- PA-2 Guidelines for Spring Highway Use
- PA-3 How Pavements are Affected by Axle Loads
- PA-4 The Best Defense is a Good Road
- PA-5 Overloaded Trucks Cost Everyone
- PA-6 Team of Your Life
- PA-7 Transportation and Wetlands Protection
- PA-8 Weather and Loads: The Effect They Have on Roads
- PA-9 The Deposition
- PA-10 "Your Tax Dollars and Roads"
- PA-12 Seattle's Bicycle Program
- PA-13 Modern Timber Bridges
- PA-15 Transportation Employee As a Witness
- PA-16 Protecting Our Pavement: Preventive Maintenance
- PA-17 Roads and Loads: Finding a Balance**
- PA-18 Preventive Maintenance: Project Selection (Right Road, Right Treatment, Right Time)

### SAFETY/TRAFFIC

- ST-1 Shake Hands with Danger
- ST-7 Multiple Choice (Safety Prev.)
- ST-8 Hazard of Hurry
- ST-2 Flagging in the Work Zone (VHS or DVD)
- ST-4 Nighttime Traffic Control
- ST-5 Defensive Flagging - A Survivor's Guide
- ST-12 Traffic Control Safety
- ST-13 Developing Jobsite Travel Control Plans
- ST-15 Flagging: You're the Director
- ST-16 Workzone Safety for Roadway Maintenance Operations
- ST-6 Commercial Driver License Training
- ST-10 Underground Safety - Your Lifeline
- ST-11 Making Safer Roads
- ST-14 Traffic Control: What Works?
- ST-17 Night Lights: How Retro-reflectivity Make Roads Safer
- ST-18 Digging Dangers V: Taking the Offensive
- ST-19 Seeing is Believing: Safely Exposing Buried Utilities

## LATEST VIDEOS

### MAINT./OPERATIONS

#### Gravel Road Maintenance: Meeting the Challenge - 22mins

(This dvd comes with a cd-rom which contains the "Gravel Roads: Maintenance and Design Manual") A free publication we have listed.) The objective of the dvd is to show maintenance workers, supervisors and engineers the proper way to perform gravel road maintenance. There are 4 maintenance topics: Correct Roadway Shape, Shaping the Roadway, Good Surface Gravel, and Dust Control. Ken Skorseth, field services manager for South Dakota LTAP Center, narrates this video.

#### Roads and Loads (dvd) - 18:30 mins

Heavy loads can cause significant damage to our state's highways and bridge infrastructure. Topics include: pavement design basics; how loads impact roads; spring load limits and finding a balance. Although produced in Minnesota and So. Dakota, this information pertains to Maine as well.

## MDOT WEBSITES

Downloadable pdf files  
Publications

#### Access Management:

[www.maine.gov/mdot](http://www.maine.gov/mdot) (Go to "Transportation Planning" tab; Planning Processes & Program)

#### MDOT Spec Book & Standard

#### Details:

<http://www.maine.gov/mdot> (Go to "News & Pub." tab; Publications)

#### Working with the MaineDOT:

<http://www.maine.gov/mdot> (Go to "Municipal Info" tab; Working with MaineDOT - Guide)

**Be sure to include your name and address  
on the reverse side.**